

# SUICIDE PREVENTION NETWORK PRESENTS:



# safeTALK



**Suicide is preventable; anyone can make a difference.**

## What is safeTALK?

- 3-hour training in suicide alertness skills
- Learn four basic steps to help prevent suicide
- Widely used by professionals and the public

## Who can attend?

- Public service providers, educators, family members, faith community, students, and others in the general public
- People aged 15 and above
- Groups of 10-15 individuals

## What is the goal?

- Recognize and respond to situations in which suicidal thoughts may be present
- Move beyond the myths and stigmas that keep us silent
- Learn how to connect to community resources and keep the person *safe for now*
- CEUs available



Our next training:

**Monday, September 11, 2023**

**1:30 pm – 5:00 pm** (check-in starts 1:20 pm)

Partnership Douglas County meeting room  
1625 Highway 88, Suite 104  
(Citizens Financial Center - South Entrance)  
Minden, NV 89423

**Please call 775-783-1510**

**or email [amy@spnawareness.org](mailto:amy@spnawareness.org) to reserve a spot.**

This training is offered at **no cost** to attendees.



**LIVINGWORKS**

*40 Years of Building Hope*