

02



# FEBRUARY



2026

SUN

MON

TUE

WED

THU

FRI

SAT



Suicide  
Prevention  
Network

GROWTH  
THROUGH CHANGE  
DC COMMUNITY  
CENTER  
3:30 - 4:30 PM

SUICIDE LOSS  
SUPPORT GROUP  
SPN OFFICE  
11:30 AM - 1 PM

PTSD SUPPORT  
GROUP  
SPN OFFICE  
6 - 7:30 PM

GROWTH  
THROUGH CHANGE  
DC COMMUNITY  
CENTER  
3:30 - 4:30 PM

PTSD SUPPORT  
GROUP  
SPN OFFICE  
6 - 7:30 PM

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