

# SUICIDE PREVENTION NETWORK PRESENTS...



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**PLEASE JOIN US IN OUR EFFORTS TO END THE STIGMA  
SURROUNDING MENTAL HEALTH AND SUICIDE!**

**DURING THE MONTHS OF MAY THROUGH SEPTEMBER.**

**WE ENCOURAGE YOU TO GET OUTSIDE AND WALK. HIKE. OR RIDE**

**WITH FRIENDS AND FAMILY...OR ON YOUR OWN!**

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Event kick off and registration information:

May 19 at the Wine Walk in Gardnerville

Look for us outside the Rural Clinics Douglas building  
1528 U.S. Hwy 395 N Suite 100, Gardnerville, NV 89410

REGISTRATION BEGINS: MAY 2 ON [ULTRASIGNUP.COM](https://ultrasignup.com)

DURATION OF EVENT: MAY 20 - SEPTEMBER 19, 2022  
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**REGISTRATION IS \$35 PER PERSON**

**<https://ultrasignup.com/register.aspx?dtid=48571>**

For more information, please visit [spnawareness.org](https://spnawareness.org)  
or our Facebook/Instagram:



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775-783-1510

