



Mental Health Monday **2025 WALK SERIES**

Meet us at the Seeman Ranch Park pavilion!
The route travels south along the Martin Slough
Trail, around Mountain View Pond,
then back to Seeman Park.

Where:

**Seeman Ranch Park
1059 Buckeye Road
Minden, NV 89423**

When:

**July 14
5:30p.m.-6:30p.m.**

**September 8
5:30p.m.-6:30p.m.**

**October 6
5:30p.m.-6:30p.m.**



775-783-1510
www.spnawareness.org



This is sponsored (in part) by Partnership Douglas County,
SAMHSA and/or the Substance Abuse Treatment Agency of Nevada (SAPTA),
and Douglas County's One Nevada.

