

PTSD Support Group

Join us every 2nd & 4th
Tuesday from 6–7:30 PM
to navigate trauma
through open discussion
and learning new coping
skills with your peers.

This group is
free to attend. 18+.

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**Suicide
Prevention
Network**

@Spnawareness

www.spnawareness.org

This programming is sponsored (in part) by Partnership Douglas County
and by SAMHSA and/or the Substance Abuse Treatment Agency of Nevada (SAPTA).