

Solstice Walk

December 21st, 2025
1 p.m.

Heritage Park Gardens
1461 Ezell Street, Gardnerville

Take a break from the holiday hustle and celebrate the arrival of winter with an invigorating walk.

We'll start at the gardens, continue along the Martin Slough Trail North to Mountain View Pond, then return.

Join us and enjoy the health benefits of spending time in nature.

Dress for the weather. This event is free!



Suicide
Prevention
Network

775-783-1510
spnawareness.org

Sponsored (in part) by Partnership Douglas County and by SAMHSA and/or the Substance Abuse Prevention & Treatment Agency of Nevada (SAPTA).

