



safeTALK

Suicide is preventable; anyone can make a difference.

What is safeTALK?

- 3.5-hour evidence-based training in suicide alertness skills
- In-person workshop featuring presentations, audiovisuals, and skills practice
- Teaches 4 basic steps to help prevent suicide

What is the goal?

- Recognize and respond to situations in which suicidal thoughts may be present
- Learn how to connect to community resources and keep the person *safe for now*
- Move beyond the myths and stigmas that keep us silent

Who is safeTALK for?

- Those who want to learn how to respond compassionately to someone experiencing suicidal thoughts
- Public service providers, educators, family members, faith community members, students, and the general public
- Individuals age 15 and older
- Continuing Education Units available



*May is Mental
Health Awareness
Month*

Wednesday, May 21, 2025
8:45 am - 12:30 pm

Partnership Douglas County office
1625 Highway 88, Suite 104
(Citizens Financial Center - South Entrance)
Minden, NV 89423

Space is limited and RSVP is required.
Please call **775-783-1510**
to reserve a spot.

*This training is offered at **no cost** to attendees.*



LIVINGWORKS
40 Years of Building Hope



**Suicide
Prevention
Network**