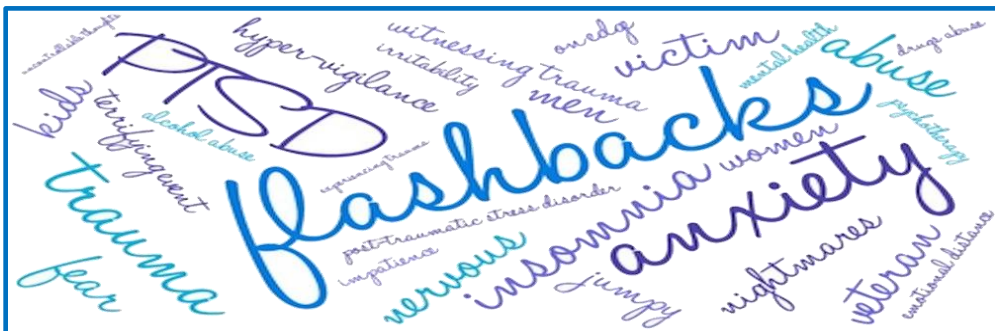


PTSD SUPPORT GROUP



JOIN US AND TAKE THAT
FIRST STEP TOWARD A
MORE PEACEFUL LIFE ...

ONE YOU DESERVE



Sponsored by:

**Suicide Prevention
Network**



2022

January 11 and 25
February 8 and 22
March 8 and 22
April 12 and 26
May 10 and 24
June 14 and 28

July 12 and 26
August 9 and 23
September 13 and 27
October 11 and 25
November 8 and 22
December 13 and 27

WHERE:

Suicide Prevention Network
1625 Highway 88, Suite 101
Minden, NV 89423

This group is open to adults 18 and older who have experienced trauma. Each facilitated session includes time for sharing and focuses on activities, skills and tools to guide you on a path toward healing.

Educational and mental health resources will be provided.

Meetings are free of charge

775-783-1510

www.spnawareness.org

