

“

**MISSION** To provide suicide prevention and awareness through intervention, education, and support services for all.

**VISION** To be a champion in decreasing suicide and its impact on our community.

**GOAL** To create a suicide-free community by eliminating the option of suicide as a solution for escaping depression, bullying, divorce, unemployment, mental illness, loneliness or other causes of hopelessness.

”



### Trainings and Presentations Offered

- Suicide Awareness & Prevention
- safeTALK / ASIST
- Mental Wellness / Resilience
- Customized for Your Group



## REACH OUT ...

*Prevention starts here!*

**Support Groups, Trainings, and Presentations are FREE OF CHARGE**



*Phone Number*

775-783-1510



*E-mail Address*

debbie@spnawareness.org

Debbie Posnien, Exec. Director



*Our Location*

1625 State Route 88, Suite 101

Minden, NV 89423



www.spnawareness.org

Tax ID: 73-1646702



*If you are interested in donating to our non-profit agency, you can get more information on our website or you can select one of the options below.*



**venmo**



## SUICIDE PREVENTION NETWORK

*when there is help,  
there is hope*

**Depression is treatable**

**Suicide is preventable**

**Together we can build a more resilient and suicide-safe community!**

## Know the Signs