



Suicide is preventable; anyone can make a difference.

What is safeTALK?

- 3-hour training in suicide alertness skills
- Learn 4 basic steps to help prevent suicide
- Widely used by professionals and the general public

What is the goal?

- Notice, respond, and recognize situations in which suicidal thoughts may be present
- Move beyond the myths and stigmas that keep us silent
- Learn how to connect to community resources and keep the person *safe for now*
- CEUs available

Who can attend?

- Public service providers, educators, family members, faith community, students, and the general public
- People age 15 and above
- Groups of 10-15 individuals



Our next training:

Tuesday, June 28th, 2022

8:45 am - 12:00 pm

Location: South Lake Tahoe Library
1000 Rufus Allen Blvd, South Lake Tahoe

**Please call Sandy at 530-721-0165
or email sandy@spnawareness to reserve a spot.**

This training is offered at **no cost** thanks to funding provided by the Barton Foundation.