

In recognition of

Suicide Prevention Awareness Month



Stay With Us;

A Breathwork Experience



Join us for a free community breathwork session

**Contact Suicide Prevention Network to
receive your FREE voucher**

1625 Highway 88, Suite 101, Minden, NV

775.783.1510

skyller@spnawareness.org



Friday, September 11



O2 Yoga and Wellness

1557 Zerolene Pl, Minden, NV



5:30 PM - 7:00 PM



**Suicide
Prevention
Network**

Presented by O2 Yoga and Wellness in collaboration with Suicide Prevention Network
and sponsored (in part) by Douglas County's One Nevada and State of Nevada DCFS