NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Growth Through Change DC Community Center 3:30 - 4:30 PM	5 Suicide Loss Support Group SPN Office 11:30 AM - 1 PM SPN Connect DC Community Center 3 - 4 PM	6	7
8	9 Lunch N Learn- Suicide Prevention- Knowing the Signs Kahle Community Center 12 - 1:30 PM	10 PTSD Support Group SPN Office 6 - 7:30 PM	11	12	13 Community Bingo Fundraiser Salterra at Carson Valley 6 PM	14
15	16	17	18 Growth Through Change DC Community Center & Kahle Community Center 3:30 - 4:30 PM	19 SPN Connect DC Community Center 3 - 4 PM	20	21 Float a Flower - International Survivors of Suicide Loss Day Seeman Ranch Pond 10 - 11:30 AM
22	23	24 PTSD Support Group SPN Office 6 - 7:30 PM	25	26	27	28
29	30					



Suicide Prevention Network

1625 State Route 88, Ste 101 Minden, NV 89423
775-783-1510
www.spnawareness.org